

# Cov Yamntxwv Uas Ua Kom Paub Uantej

**Uas koj tus menuam  
losyog tus menuam  
uas koj saib xyuas  
xav kom pab**

Early Warning Signs That Your  
Child May Need Help

Kaslisfaunias Lub Tuamtsev Kawm Ntawv  
sib koom nrog rau  
Lub Koomhaum Saib Menuam  
Kev Mohnkeeg  
Nroog Sacramento, 2000

## Kev sib txuas lus

### Tus menuam . . .



- Thaum muaj rau hli, nyuam qhuav txhawj pib ua suab xwsli yuav hais lus losyog hais nkwg.
- Ciali ua neeg nyob ntsiag to.
- Tsis co tohau tias tsis kam
- Thaum muaj ib xyoos lawm, tseem tsis tau paub ib los lus li xwsli mis, taubmis, losyog hais "bye bye".
- Thaum muaj ib xyoos lawm los tseem tsis tau hais lo niam thiab iv.
- Thaum muaj ob xyoos, tsis tau txhawj hu tsevneeg tus twg npe hlo li losyog hais npe khoom.
- Thaum muaj ob xyoos, tsis tau txhawj hais ob lo lus uake.
- Thaum muaj ob xyoos, tsis paub taw tes rau tejyam khoom losyog hais tias xav tau thiab xav yuav dabtsi.
- Thaum muaj peb xyoos, tsis tau paub nws lub xeem, pojniam txivneej losyog tsis txhawj hais suab hlob suab yau.
- Thaum muaj peb xyoos, tseem ua tsis tau rawsli hais qhia, losyog hais peb plaub lolus uake.
- Thaum muaj plaub xyoos, tseem tsis tau txhawj hais tejyam dabneeg tiag losyog dag losyog nug ub nug no.
- Thaum muaj plaub xyoos, tseem tsis tau txhawj hais plaub tsib lo lus uake losyog hais lus ua rau cov laus tsis totau.
- Thaum muaj tsib xyoos, tsis paub hnubnyoog pestsawg thiab tsis txhawj nug cov lus tias leejtwg, dabtsi, qhovtwg, thaumtwg losyog vim licas losyog hais ntau yam lus.

## Kev xav

### Tus menuam . . .



- Thaum muaj ib xyoos, muaj teebmeem txog cim xeeb tsis zoo xwsli cim tsis tau hais tias twb pom tas lawm tiamsis xyov nyob qhovtwg.
- Thaum muaj ob xyoos, tseem tsis paub txog tejyam npe ntawm lub cev yog tawm tes rau, tejyam npe

khoom uas yoojyim, losyog paub hais tias nws yog tus neeg nyob hauv daim iav.

- Thaum muaj peb xyoos, tseem tsis tau paub txog tej dabneeg ua ncaj thiab lub tswvyim ntawd.
- Thaum muaj peb xyoos, tseem tsis tau paub txog leb xwsli ib, ntaw tshaj, losyog tsawg tshaj losyog suav ib, ob, peb.
- Thaum muaj plaub xyoos, tseem tsis tau txhawj teb tej lo lus nug xwsli koj yuav ua licas thaum koj tsaug tsaug zog losyog tshaib tshaib plab.
- Thaum muaj plaub xyoos, tseem tsis tau paub tseeb tias xim thiab txaij licas.
- Thaum muaj tsib xyoos, tseem tsis tau paub tias hnubno, tagkis, losyog naghmo yog licas.

## Uasi

### Tus menuam . . .



- Thaum muaj peb hlis, tseem tsis tau thawj co losyog luag.
- Thaum muaj ib xyoos, tseem tsis tau txhawj uasi txog kev sib tawb li ua nyos losyog co tes ua "bye bye".
- Thaum muaj ob xyoos, tseem tsis tau txhawj qog neeg xwsli ntxuav taisdiav, ua mov noj, losyog mus ua haujlwm.
- Thaum muaj peb xyoos, uasi ibleeg ntaw dua qhov uas ua nrog lwm tus menuam.
- Thaum muaj peb xyoos, tsis uasi kom muaj hauvpaus ntsis.
- Thaum muaj peb xyoos, sibthab, sibthawb thiab sib ntaws.
- Thaum muaj peb xyoos, tsis ua tejyam nrog lwm tus laus losyog lwm tus menuam uas tsis yog nws tsevneeg.
- Thaum muaj plaub xyoos, tsis uasi losyog uasi khiav tsivnraim nrog lwm cov menuam.
- Thaum muaj tsib xyoos, tsis kam sib qiv khoom losyog tos kom txog thib.
- Thaum muaj tsib xyoos, tseem tsis tau txawj xav losyog txhawj kom yog sijhawm.
- Thaum muaj tsib xyoos, tsis txawj khav theeb li.

Koj xav tias koj tus menuam losyog tus menuam koj zov ntawd muaj tejyam tshwj xeeb uas xav tau kev pab, koj pab tus menuam ntawd niamtxiv hu rau ntawm koog tsev kawm ntawv losyog chav tsev kawm ntawv tshwjxeeb. Cov linum mam li teem cajj los sojntsuan saib koj tus menuam puas txaus pab. Niamtxiv yuavtsum tau kos ntawv tsocai rau luag muab xeem thiab kam txais kev pab tshwj xeeb rau tus menuam txog kev kawm. Qhovno yuav tsis coj mus qhia rau leejtwg thiab yuav muaj pab dawb rau tsevneeg xwb.

Muaj kev txhawj xeeb txog cov menuam uas yug tshiab mus txog peb xyoos noces hu rau Kaslisfaunias lub tuamtsev saib kev loj hlob "California Department of Developmental Services" ntawm 1-800-515-BABY (2229). Koj yuav tau txais kev pab ntawm cov uanum nyob ntawm koj cheebtsam losyog tawm qhov chaw uas cov niamtxiv mus nrhiav kev sib koomtes sib pab "Family Resource Center".

Yog xav paub ntxiv, sau ntawv tuaj cuag ntawm:  
California Department of Education  
Special Education Division  
P.O. Box 944272  
Sacramento, CA 94244-2720

### Losyog

California Child Care Health Program  
1212 Broadway, Suite 904  
Oakland, CA 94621-1811  
Child Care Healthline: 1-800-333-3212

"CDE Press" muaj cov ntawv no tshawg kawg nkaus pub dawb rau nej. Yog xav tau, sau ntawv tuaj rau ntawm no:

Sales Office, California Department of Education,  
P.O.Box 271 Sacramento, CA 95812-0271  
xovtooj 1-800-995-4099

Daim ntawv no yog tau txais con nyiaj pab hu ua "California State Implementation Grant" rau cov menuam pib kawm ntawv thiab kawm kev npaj yug yug menuam rau cov neeg puas lub cev thiab cov nyiaj pab hu ua Preschool Incentive Grant (PL94-142 thiab PL91-230).



## **Thiab siv li ob peb feeb los nyeem Cov Yamntxwv Uas Ua Kom Paub Uantej nov tso.**

Tag nrho cov menuam yaus nyias muaj nyias kev loj hlob zoo thiab sibtxawv. Muaj ib cov menuam yaus mas yug tau los twb muaj kev puas rau qhov kev loj hlob lawm. Lwm cov menuam mas tsis puas qhov kev loj hlob ntawd losyog qhov sibtxawv ntawd mus kom txog hnub uas nws loj hlob lawm mam paub. Zoo rau cov menuam uas nws tau kev pab thaum niam/txiv thiab tus saib xyuas nws xub pom qhov kev tsis zoo ntawd es nrhiav kev pab uantej thaum ntxhov.

Cov Yamntxwv Uas Ua Kom Paub Uantej "Early Warning Signs" nyob rau hauv daim ntawv no tsuas qhia txog mentsis tias tejzaum tseem yuav tau coj tus menuam mus sojntsuan thiab tshawb xyuas ntxiv. Yog koj xav tias koj tus menuam losyog tus menuam uas koj saib xyuas xav tau tejyam tshwj xeeb los pab, peb xav kom koj nrhiav kev los pab kom sai. Lub caij uas yuav pab kom tau tus menuam zoo thiab tivthaiv tejyam teebmeem kom lwm hnub txhob tshwm sim tuaj ntxiv lawm yog thaum yug mus txog thaum muaj peb xyoos ntawd. TSISTXHOB TOS txog thaum tus menuam twb mus kawm Kindergarten lawm es mam nrhiav kev pab.

## **Cov ua kom muaj teebmeem**

Cov menuam uas muaj tejyam li nramno feem ntau yuav ua kom muaj teebmeem txog kev mob nkeeg thiab kev loj hlob tsis zoo.

- Yug thaum tsis tau txwm hli losyog thaum yug los hnyav tsis txaus.
- Thaum xeeb es haus yeeb, tshuaj, cawv, losyog luamyeeb.
- Muaj kev sib ntaus, sib tua nyob ze ntawm yus cheebtsam loyog hauvtsev.
- Tsevneeg muaj kev nyuaj siab (xwsli kev pluag, txomnyem tsis muaj tsev nyob, muaj kev ploj tuag ntawm tsevneeg).



## **Tus cwipwm**

Tejyam kev txawvtxav ntawm menuam tus yam ntxwv rawsli hais nramno yuav tau txais kev txhawj xeeb txhua tus. Tej tus ces tejzaum yog nws tus yeeb yam losyog nws tus yam ntxwv yeej ibtxwm zoo li ntawd yogli yuav tau muab kev qhuas rau nws rauqhov tus menuam ntawd tus yam ntxwm yeej zoo li ntawd.

## **Tus menuam ...**

- Thaum muaj 6 hli, tsis pub puag losyog tsis kam tham nrog losyog tsis kheev phws thiab ntxhias.
- Tsis mloog lus losyog tsis muab lub siab rau ua ibyam dabtsi ntev li lwm tus menuam hnub nyoog ibyam li nws.
- Tsis kam losyog tsis ntsia lwm tus neeg.
- Ciali npau thaum ua tsis tau tejyam yoojyim ua lwm tus menuam hnub nyug ib yam li nws ua tau.

- Pheej ua phem, tsis mloog lus losyog yuam cai ua xwb.
- Ua tug txhaj muag heev losyog tsis feebmeej.
- Tsis pub chwv.
- Tsis nyiam tejyam dabtsi losyog khaub ncaws nyob ze.
- Ua phem rau lwm tus menuam, tsiaj txhu, losyog tejyam khoom losyog muab ua kom puas.
- Pheej muab khoom tsoo kom puas tas mus li.
- Ua cwipwm phem heev (ua phem, sibntaus, qw, ntaus nrog lwm tus menuam) txhua hnub.
- Ntsia nriaj nrees rau ib thaj chaw, pheej yoj lub cev, losyog nws hais lus tshaj lwm tus menuam uas muaj hnubnyoog tiblyam li nws.
- Pheej muab tohau tsoo rau tej yam khoom, hauv pemteb, losyog phab ntsa.
- Tsis pom qhov yuav ua xwm txheej, xwsli hla kev tsheb losyog dhia ntawm tej thaj chaw siab.
- Pheej niaj hnub hais txog muaj mob tohau losyog mob plab.
- Muaj teebmeem txog kev pw tsis tsaugzog, tsis noj mov, losyog tawm rooj nyuab.
- Tsis xav ciali ua xwb, txhoj heev, losyog nyob tsis tswm.
- Tsis mloog kev qhuab qhia zoo li lwm cov. menuam uas muaj hnubnyoog ib yam.
- Hlwj khaiv tsis zoo, ua tau tsis zoo, thiab ua lub cev txhav txhav tsis muag.
- Tsis haum xeeb nrog niamtxiv losyog tus zov.

## **Hnov Lus**

### **Tus menuam ...**



- Pheej muaj mob pobntseg tas mus li.
- Pheej muaj mob pobntseg, qhov ntswg, pobqa losyog ua khaub thusa.
- Tsis ntsia thiab tsis nti rau tejyam nrov losyog lub suab nrov.
- Hais lus nrov heev losyog hais lus yau.
- Hu tsis hnov thaum uas hu ntawm ib sab tuaj, txawm tias hais txog tejyam lomzem heev.
- Tiag lub cev es kom sab pobtseg los rau qhov nrov.
- Ua pa tawm ntawm qhov ncauj.
- Tsis totau xyov yog hais dabtsi.

## **Tig lub cev**

### **Tus menuam ...**



- Cajnpab losyog ceg txhav.
- Lub cev muaglias losyog cegtawv.
- Ib sab nti ua tau dua lwm sab.
- Tsis ua tau losyog nti tsis taus li cov menuam uas muaj hnubnyoog tiblyam.
- Muaj peb hlis, los tobhau tseem tsa tsis taus.
- Thaum muaj ib xyoos, tseem zaum tsis taus, sawv tsis taus, ncav tsis tau, ntivtes muab tsis tau khoom.
- Thaum muaj ob xyoos, tseem mus tsis taus kev, ncaws tsis tau pob, tsis txawj kos, teeb tsis tau ob losyog peb yam khoom sib tshooj.
- Thaum muaj peb xyoos, tsis txawj nce ntaiv losyog nqis ntaiv, pheej dhia ntog tas mus li, losyog nthuav tsis tau ibdaim ntawv ntawm phau ntawv.
- Thaum muaj plaub xyoos, tseem ua tsis tau tejyam zooli sawv ibsab kotaw, dhia hauv taw ntaiv, tuam lub nees kauj zab uas muaj peb lub log, txais pob, nyem nrig, losyog co ntivtes.
- Thaum muaj tsib xyoos, dhia tsis tau ceg tawv ibsab rau ibsab, tuam tsis tau viav vias, losyog tsis txawj siv txiab txiav.

## **Pomkev**

### **Tus menuam ...**



- Tsis ntsia qhov khoom losyog tus neeg.
- Pheej tsaus lub qhov muag.
- Lub qhovmuag liab, los kua muag, losyog dimmuag o.
- Plwm pliaj, qajj, losyog cajdab tsis ncaj thaum uas ntsia tej yam khoom.
- Tsis pomkev khaws tejyam khoom me uas poob pem teb lawm.
- Ntsia tsis taus rau ib qho losyog ib tus neeg.
- Ib sab qhovmuag qis lawm thaum uas ntsia tejyam khoom nyob deb.